

2005-06 MIAC Men's Basketball Athletes of the Week

February 27, 2006

University of St. Thomas junior guard **Bryan Schnettler** (Sartell, Minn.) averaged 24 ppg, 3.5 rpg, 3.0 apg and made 7-of-7 at the foul line, shot 66% from the field (16-of-24) and sank 9-of-17 from 3-point range to lead two victories last week and push St. Thomas to the MIAC playoff championship. He scored 29 points in a 45-point semifinal win over Hamline, then scored a game-high 19 points (14 in first half) in Saturday's 54-47 win over Carleton. Schnettler became the first MIAC player to make 100 3-pointers in one season (now has 105-of-239 for 43%). In four career postseason games he's averaging 20 ppg and 3.1 apg and has made 13-of-33 from 3-point range. The 22-5 Tommies will host North Central (Ill.) Thursday at 7 p.m. in an NCAA first-round playoff game.

February 20, 2006

Carleton College first-year forward **Zach Johnson** (Apple Valley, Minn./Eastview) averaged 26.5 points, 7.0 rebounds, 4.5 assists and shot 54 percent from the floor in leading Carleton to a pair of victories, helping the Knights to grab a share of the MIAC title, the school's first men's basketball conference title in 41 seasons. In Saturday's regular-season finale, Johnson scorched Bethel for a career-high 36 points, going 14-for-19 from the field and 4-for-4 from three-point range while adding seven rebounds and five assists with no turnovers. The point total set a new first-year Carleton scoring record. In Wednesday's win over SMU, Johnson posted totals of 17 points, seven rebounds and four assists. Stats for week: 20-37 FG (54.1FG%), 4-7 3-pt FG (57.1%), 9-11 FT (81.8%), 14 reb. (7.0 rpg), 9 ast. (4.5 apg), 2 TO, 53 pts. (26.5 ppg)

February 13, 2006

Gustavus Adolphus College junior forward **Phil Sowden** (Brooklyn Park, Minn./Park Center) averaged 20.3 points and 9.3 rebounds per game as Gustavus won three games last week and clinched a MIAC playoff berth. Sowden scored 23 points and grabbed seven rebounds in an 85-75 win at Bethel on Monday. He then contributed 20 points and recorded six rebounds in a 63-54 win at St. Olaf on Wednesday and finished the week with 18 points and 15 rebounds in a 70-50 win over Augsburg at home. Sowden shot 60.0 percent (24-of-40) from the field and 81.3 percent from the free throw line (13-16) in the three games. Gustavus is 17-6 overall and 12-6 in the MIAC heading into the final week of regular season play in the MIAC. Sowden is averaging 12.7 points and 5.3 rebounds per game in 23 starts for the Gusties this season. Totals for the week: FG: 24-40, FT: 13-16, Rebounds: 7 off., 21 def.-28 total, Assists: 6, Turnovers: 9, Blocks: 1, Steals: 2, Minutes: 95 (31.7 mpg)

University of St. Thomas junior guard **Bryan Schnettler** (Sartell, Minn.) led the Toms to a 3-0 week, including road wins over playoff hopefuls Bethel and St. Mary's, as he averaged 21.3 ppg, 3.0 rpg, 1.7 apg and made 14-of-24 from 3-point range. Schnettler broke the UST season record for threes and now has 93 in 24 games, two off the MIAC record of 95 in a season set last year by Macalester's Erik Jackson. In Monday's win over St. Olaf, he played just 21 minutes and helped UST build a 30-point lead as he had 16 points, five rebounds and three steals. In Wednesday's 17-point win at Bethel, he sank 8-of-13 from 3-point range and finished with 28 points in 39 minutes. In Saturday's 74-68 win at SMU, he had 13 of his 20 points in the second half to help the Toms rally from a 13-point deficit. He sank 8-of-9 at the foul line vs. SMU and shot 90% from the line on the week. St. Thomas (19-5 overall, 16-3 MIAC) can secure at least a share of the MIAC title with a win Wednesday vs. Concordia-Moorhead. Totals: 20-37 FG, 14-24 3FG, 10-11 FT, 21.3 ppg, 3.0 rpg, 1.7 apg, 1.0 tpg.

February 6, 2006

Saint John's University's junior wing **Tyler Westman** (Mankato, Minn./Loyola) scored a career-high 27 points in the Johnnies' 78-63 win over Bethel on Monday, Jan. 30 and then scored 19 points in SJU's 96-91 overtime win over the conference leader, St. Thomas, on Saturday Feb. 4. Westman sunk a deep, game-tying three-pointer with 00:01 remaining in regulation to send Saturday's game into overtime. Westman went 19-of-33 from the field last week, including 7-of-14 from three-point range. SJU is currently tied with Gustavus for third in the conference with an 11-9 overall record and 8-6 in the MIAC.

January 30, 2006

Carleton College first-year forward **Zach Johnson** (Apple Valley, Minn./Eastview) averaged 22.5 points, 5.0 rebounds and shot 73 percent from the field in leading Carleton to a pair of victories, pushing the Knights' MIAC winning streak to 10 games. In Wednesday's 86-68 victory at Hamline, the forward tallied 20 points on 8-for-11 shooting, making 2-for-3 from beyond the arc, and added four rebounds and three steals in 39 minutes of action. In Saturday's 67-65 overtime win over St. John's, he tallied 25 points on 8-for-11 shooting, making 3-for-5 from beyond the arc, and grabbed six rebounds. His two free throws with under two minutes remaining forced overtime, and his 3-pointer with 2:15 left in the extra session pushed the Knights in front by four, 62-58. For the season, the first-year player is averaging 15.7 points, 4.4 rebounds, 2.6 assists and 1.6 steals. He's shooting 58 percent from the floor and 50 percent (18-36) from 3-point range and his play is a big reason why the Knights are currently in second place in the MIAC. Stats for week: 16-22 FG (72.7%), 5-8 3-pt. FG(62.5%), 8-9 FT (88.9%), 10 reb. (5.0 rpg), 2 ast. 91.0 apg), 4 stl. (2.0 spg), 45 pts. (22.5 ppg).

January 23, 2006

Bethel University junior forward **Charles Meadowcroft** (Plymouth, Minn.) has had a huge impact for the Royals as of late. This past week Meadowcroft averaged 20.3 points, 7.3 rebounds, 1.7 blocks, and 2.0 steals a game while shooting a steady 54.2 fg% and 46.7 3pt %. Bethel played to a 2-1 week with their only loss coming at the hands of Carleton on a last second shot. Meadowcroft scored a team high 30 points in the loss while also adding eight rebounds. Over the past seven games of the season Charles has come on strong leading the Royals to a 5-2 record in MIAC play has averaged 18.7 points, 6.1 rebounds, and 1.6 blocks per game. Stats: 61 pts (20.3 avg.), 26-48 fgs (.542), 7-15 3fgs (.467), 22 reb. (7.3 avg.), 5 blocks (1.67 avg.), 6 steals (2.0 avg.), 5 assists (1.67 avg.), 2-1 record

January 16, 2006

University of St. Thomas junior guard **Bryan Schnettler** (Sartell, Minn.) averaged 30.5 ppg, 3.5 apg, 2.0 while shooting 70% from the field (61% 3-point range) in leading the Tommies to two MIAC victories last week. He scored a career-high 31 points with a personal-best eight treys in an 88-49 win vs. Bethel, then came back to score 30 points (6-of-9 from 3-point range) in a 98-62 win over St. Mary's. The Toms led St. Mary's 34-32 with 3:00 left in the first half when Schnettler scored seven consecutive points to lead a 9-0 run that built an 11-point halftime lead. He sank four threes in the first 6:00 of the second half to help push the lead past 20 points. In the Bethel win, he scored eight

during a 12-0 run early in the second half that pushed the lead past 20. Schnettler leads the conference in 3-pointers with 59 in 14 games. The Tommies (11-3 overall, 8-1 MIAC) have two conference road tests this week. Totals: 21-30 FG, 14-23 3FG, 5-6 FT, 4 reb, 7 asst., 3 TO, 61 points

January 10, 2006

Hamline University first-year forward **Tony Thrasher** (Hustisford, Wis.) led the Pipers in scoring in each of the last three games as Hamline posted a 3-0 record on the week and moved up to a tie for second in the MIAC at 4-2. Thrasher averaged 21.0 points, 6.3 rebounds, and 2.3 assists per contest last week. Thrasher scored 22 points on 10 of 14 shooting with six rebounds and four assists in Hamline's 95-85 win over St. Olaf on Monday. He added 15 points with nine rebounds in a 77-71 win over Macalester on Wednesday. On Saturday, Thrasher led all scorers with 26 points on 9 of 14 shooting (6 of 8 from three) with four rebounds to lead the Pipers to an 83-71 win over Augsburg. Stats for the Week: 3-0 record, 25-41 fgs (.610), 6-13 3fgs (.462), 7-8 fts (.875), 21.0 ppg, 6.3 rpg, 2.3 apg, 0.7 spg

December 12, 2005

University of St. Thomas junior center **Isaac Rosefelt** (St. Paul, Minn./St. Thomas Academy) averaged 27.5 points, 12 rebounds, 4.5 blocks and 2.0 assists and shot 69% from the field and made 7-of-8 from the line to lead the first-place Tommies to two key road victories. In Monday's six-point win at Hamline, he had 28 points and 10 rebounds. In Wednesday's 36-point road win at No. 11 Gustavus, he blocked nine shots, had 27 points and 14 rebounds and made 12-of-15 shots. He leads MIAC players in scoring, rebounding and blocked shots. UST is 22-10 since Rosefelt joined the team in 2004 (21-5 MIAC), and he has scored in double figures in 26 of those 32 games with 18 double doubles. The Toms (5-1, 4-0 MIAC) play Dec. 21 at UW-LaCrosse. Totals: 36.5 minutes per game, 27.5 ppg, 12 rpg, 24-of-33 FG, 7-of-8 FT, 4 assists, 1 turnover, 1 steal, 9 blocks

December 5, 2005

Gustavus Adolphus College sophomore wing **Trevor Wittwer** (Redwood Falls, Minn./Redwood Valley) scored 36 points and grabbed 10 rebounds to help Gustavus pick up wins over Hamline (70-52) and Concordia (78-70) last week. Against Hamline, Wittwer made 6-of-6 field goals, and 5-of-6 free throws for 17 points. He also grabbed 9 rebounds, dished off 3 assists, blocked 2 shots, and recorded 4 steals. Against Concordia, Wittwer made 6-of-7 field goal attempts and 7-of-11 free throws for a career high 19 points. He also added one rebound, 2 assists, 1 block, and 3 steals. He averaged 18 points, 5 rebounds, 2 assists, 1.5 blocks, and 3.5 steals per game during the week. Wittwer, who has missed only two shots in five games this season (23-of-25), leads Division III in field goal percentage at .920. Gustavus is currently 5-0 overall and 2-0 in the MIAC and ranked #13 in the d3hoops.com Division III poll. Stats for the week: FG/FGA: 12/13, FT/FTA: 12/17, Reb.: 3 off./7 def./10 total, Points: 36, Assists: 5, Turnovers: 4, Blocks: 3, Steals: 7, Minutes: 55